

# Peers Advocating for Wellness

## PAWS

Be a leader, be an activist, be a team member, be a role model, become a member of Peers Advocating for Wellness (PAWS)!!!

Do you want to create positive change through leadership? Do you want to have an impact on improving the health of others and influence your community to get and stay healthy?

The purpose of PAWS is to facilitate student learning on relevant health issues and to promote a healthy campus environment. PAWS are student volunteers that receive training to become peer health educators. You will learn, then teach members of the TSU community about the latest health information and provide tools they can use to take better care of themselves.

Health Education programs consist of workshops, presentations, tabling, and providing peer-to-peer consultations and referrals. PAWS will work under the supervision of a team coordinator and the Executive Director of Student Health Services. As a member of the PAWS team, you must:

- Be available to attend weekly meetings from 12:00 p.m. – 1:00 p.m. in the Student Health Center.
- Be able to commit 1-3 hours per week developing and implementing programs. More time may be required depending on the program to be presented and the preparation time for the event.
- Assist with program development on a variety of health topics, including: sexual health & consent, healthy relationships & healthy decision making, hypertension, diabetes, cancer awareness, diversity and cultural awareness and any issue that affects one's health.
- Create health education audiovisual materials: posters, videos, PSA's, handouts, brochures, and informational sheets as needed, as well as leverage social media to promote healthy behaviors and disseminate information.
- Recommend marketing strategies for the services offered in the clinic.

**TIME COMMITMENT:**

Peer Educators must commit at least one full academic year to the program (one fall and one spring semester).

**Interviews:**

You will be contacted to schedule an interview once your completed application and resume has been received.

If you have any questions, please contact Student Health Services at 713-313-7173.

**To apply to be a member of Peers Advocating for Wellness (PAWS), please complete the PAWS application and attach a copy of your resume.**

## PEERS ADVOCATING FOR WELLNESS (PAWS) APPLICATION

Name: \_\_\_\_\_

T-Number: \_\_\_\_\_

E-mail: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Address: \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Current College Classification: \_\_\_\_\_

Expected date of graduation: \_\_\_\_\_

Major: \_\_\_\_\_

Minor: \_\_\_\_\_

Are you currently employed? \_\_\_\_\_

If so, where? \_\_\_\_\_

Why do you want to be a Peers Advocating for Wellness (PAWS)?

What experience do you expect to gain from being a Peers Advocating for Wellness (PAWS)?

Describe what makes you an effective leader?

Please attach a copy of your resume.

**Return completed applications to Student Health Services, 3100 Cleburne St, Houston, Texas 77004.**